



SPHS Track Schedule 2019

| Date | Event |
|---------------------------------------|--|
| Wednesday February 13, 2019 | First Day of Practice |
| Thursday March 7, 2019 | Home Meet EGHS, NGHS, HHHS |
| Wednesday March 13, 2019 | @ Harding High School @ 3:30 pm |
| Thursday March 21, 2019 | @ York Comprehensive High School @ 5:00 pm |
| Thursday March 28, 2019 | Home Meet EGHS, BCHS, TJHS |
| Wednesday, April 3, 2019 | *Gaston County Meet* @ Ashbrook (Ashbrook- Host) |
| Thursday April 11, 2019 | Home Meet EGHS, BCHS, TJHS |
| Thursday April 18, 2019 | TBD |
| Tuesday April 30, 2019 | *Home Meet* CONFERENCE Championship |
| Friday or Saturday May 10 or 11, 2019 | Regional Track Meet @ TBD |
| Saturday May 17, 2019 | 2A State Track Meet @ NC A&T |

Head Boy's Coach: Bill Hannon

Head Girl's Coach: Jannie Sadler

Assistant Coach: Jon Graham

Athletic Director: Kent Hyde

Principal: Gary Ford